

**Director of the Allan Botkin Institute
Germany**

Juliane Grodhues, Psychologist



Degreed psychotherapist with her own practice focused on healing trauma and grief. Many years of experience working at different counselling centers. Following her own spontaneous after death communications (ADCs) and training in trauma therapy she learned IADC from Allan Botkin in 2006 in the US. Ever since then she has been working as an IADC therapist, since 2009 also training other therapists in IADC.

Further reading:

Juliane Grodhues/Dorothea Stockmar: Like a Wave From Another Shore – After Death Communication between Art and Psychotherapy. MEDU Verlag 2012

Allan Botkin: Induced After Death Communication – A New Therapy for Healing Grief and Trauma. Hampton Roads Publishing 2005. www.inducedadc.com

Contact

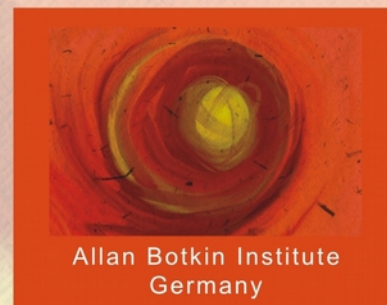
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Induced After Death Communication (IADC)

Healing of Grief and Trauma

IADC - Induced After Death Communication

IADC stands for Induced After Death Communication. It is an independent therapeutic method targeted at healing deep grief and related traumatic experiences. IADC therapy uses a specific kind of eye movement to help reprocess burdensome images and emotions and to transform the pain of loss. An essential part of the healing process is the patient's reconnection with the deceased, supporting a grieving person's natural urge to search for the person they lost. After death communication can transform this search and the need for reassurance that the dead are safe in a good place which can be accessed from the world of the living, in a way that eases sadness, increases acceptance of the loss and leads to more joy in the patient's own life. A typical IADC treatment consists of 3 consecutive sessions. However, the IADC method can also be integrated into a long-term psychotherapeutic treatment.



Dr. Allan Botkin holds lectures and training seminars on IADC all over the world and visits Germany every year.

Dr. Allan Botkin

Dr. Allan Botkin is the originator of IADC grief therapy and the director of the "Center for Grief and Traumatic Loss" near Chicago in the US.

Following a career spanning 20 years as a psychologist and trauma therapist working with veterans at a Chicago hospital, he has decided to shift his focus to the practice, development, and teaching of the IADC method.

In his book "Incuded After Death Communication – A New Therapy for Healing Grief and Trauma", Dr. Botkin describes the discovery of the healing effect of inner reconnection with the dead during his work with war veterans who had returned from combat badly traumatized, and also his efforts at studying it further.

His description of his advancement from a behavioural therapist to an EMDR trauma therapist and finally towards focused IADC grief therapy provides an insight into his own approach to a phenomenon which is an exceptional experience for many people in the vicinity of death.

He can also be credited with naming these psychotherapeutic after death contacts which are often surprising, but feel authentic, and with researching their effect.

From this, the IADC process with its focus on healing deep grief developed.

Allan Botkin Institute Germany

The Allan Botkin Institute Germany (Allan Botkin Institut Deutschland or ABID) was founded in Saarbruecken on January 1st 2011. Its aim is to spread the word about IADC to a wider public. More people can be offered a chance to experience the healing effect of IADC therapy and to find a way to ease their painful and often hopeless grief.

IADC training seminars offer a new and unique way of supporting and aiding the bereaved to psychotherapists in clinics, counselling centers, and practices.

The institute also stimulates and supports further scientific research into the effectiveness of IADC.

For psychotherapists

- * training sessions, individually or in groups
- * supervision
- * counselling and information

For interested parties

- * lectures and talks on IADC and other topics in the vicinity of death
- * workshops

For the bereaved

- * treatment sessions
IADC sessions can help a person in grief at any time after the first shock has subsided, even decades later
- * A list of certified IADC therapists in Germany and other European countries can be found on our website www.iadc-therapie.de